

Discover your Moment of Truth



Introducing
The Chicken Dance

Assignment 11



Print the following pages or complete the assignments on-screen.

Carroll Communication Coaching

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Moment of Truth

Partner Mindset Technique

And for your last exercise:

When events upset you, what Chicken Dance strategies can you use in personal and professional settings?

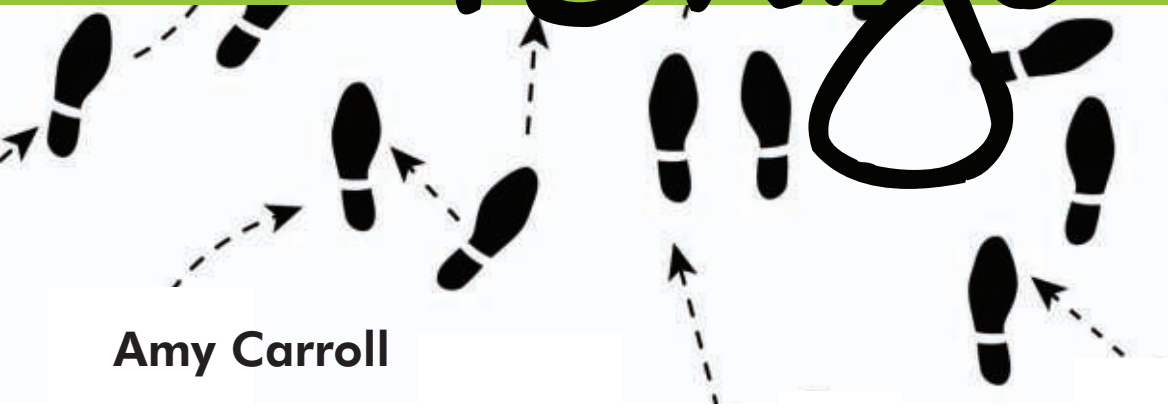
Warning: if you risk losing your job by doing the Chicken Dance at work, it may not be appropriate. An alternative idea to the Chicken Dance strategy is to speak gibberish for one or two minutes with a strange accent. (Think outrageous and positive.)

Happy Partnering!

undoing

Discover the 7 Partner Mindset Techniques
to Get More of What You Want More Often
with Less Hassle

The Ego Tango



Amy Carroll

With over 30 years of personal experience and education, Amy Carroll's understanding of the human psyche is extensive.

Amy leads programs for multinationals worldwide. She is a Professional Certified Coach and certified Master Practitioner of NLP (neuro linguistic programming).

Amy coaches clients to become more dynamic, honest and effective partners, developing their ability to influence others by creating powerful partnerships.

Learn to:

Positively influence customers, colleagues and subordinates to get the outcomes you want
with everyone feeling valued and respected

Handle difficult or sensitive topics (customer meetings, financial presentations, major speeches)
with less nervousness

Present ideas in a more compelling and confident manner

Develop leadership presence when negotiating with different cultures and personalities

Amy's Education and Training

Psychology (Bachelor of Arts) from Michigan State University
CoachU, a US-based coaching school, PCC certified
JS-International, NLP training, Master Practitioner
BATS (Bay Area Theatre Sports), Improvisational Training
NLP Certified Practitioner
NLP Master Practitioner

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