

# Discover your Moment of Truth



The Key to  
Household Harmony

Assignment 5



Print the following pages or complete the assignments on-screen.

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# Moment of Truth

## Partner Mindset Technique No. 4

### The Frame Game

Whose frames, both positive and negative, do you fall into easily? For example, colleague, partner, neighbor, or check-out clerk.

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What kinds of frames, both positive and negative, do you set up in your personal or professional life?

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What can you do to set up more powerful partnership frames? What might you have to pretend not to notice?

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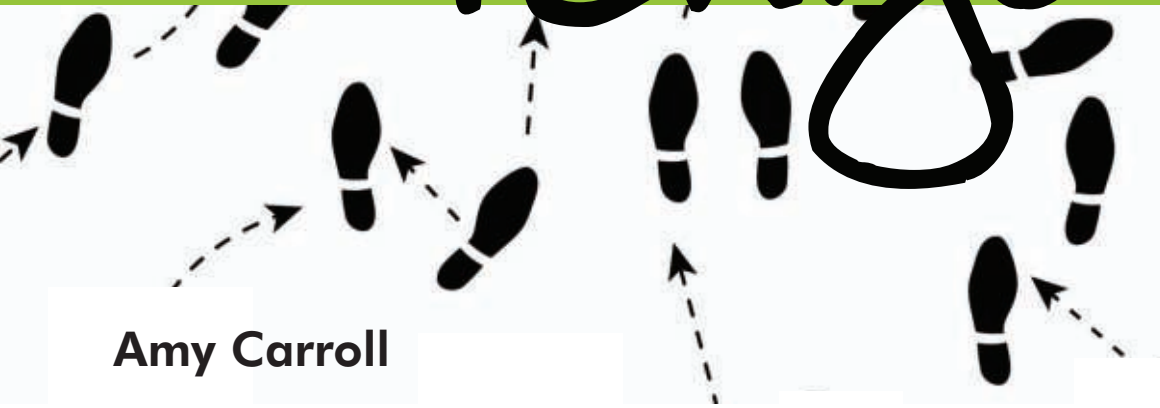
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undoing

Discover the 7 Partner Mindset Techniques  
to Get More of What You Want More Often  
with Less Hassle

# The Ego Tango



## Amy Carroll

With over 30 years of personal experience and education, Amy Carroll's understanding of the human psyche is extensive.

Amy leads programs for multinationals worldwide. She is a Professional Certified Coach and certified Master Practitioner of NLP (neuro linguistic programming).

Amy coaches clients to become more dynamic, honest and effective partners, developing their ability to influence others by creating powerful partnerships.

### Learn to:

Positively influence customers, colleagues and subordinates to get the outcomes you want  
with everyone feeling valued and respected

Handle difficult or sensitive topics (customer meetings, financial presentations, major speeches)  
with less nervousness

Present ideas in a more compelling and confident manner

Develop leadership presence when negotiating with different cultures and personalities

### Amy's Education and Training

Psychology (Bachelor of Arts) from Michigan State University  
CoachU, a US-based coaching school, PCC certified  
JS-International, NLP training, Master Practitioner  
BATS (Bay Area Theatre Sports), Improvisational Training  
NLP Certified Practitioner  
NLP Master Practitioner

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